

## Directions for Making a Hen Saddle

Required materials: 2 contrasting “fat quarters” of cotton fabric. These are sold in quilting supplies in retail shops.

One 12 inch piece of ½ inch elastic

Thread

Sewing machine or hand sew

Using the pattern provided, or make your own, cut two from cotton fabric. Cut a piece of elastic 12 inches long.

Place the two pieces of the hen saddle, right sides together.

Stitch the two layers together, leaving the opening shown, unsewn for turning. Use a quarter inch seam allowance and clip the curves to make turning easier.

Turn the hen saddle to the right side by pulling the saddle through the opening. Smooth and press the saddle.

Turn the opening raw edges to the inside. Press.

Fold over the top for the elastic casing.

Sew to the body portion at the top, making a casing for the elastic band.

Insert the elastic band through the casing.

Attach to each side of the hen saddle, stitch in place. If you are having trouble threading the elastic, attach a safety pin to one end to push through the casing.

Watch how to dress the hen in the hen saddle in this you tube video

<https://youtu.be/g3EvLpib5TI>

Step by step instructions with photos are found [Timbercreekfarmer.com](http://Timbercreekfarmer.com) (use the search bar and the term ‘hen saddle’ )



# HEN SADDLE PATTERN

12 inch long  
1/2 inch elastic

