



# Herb Gardens For Chickens

**Sage** -internal parasites, general health

**Oregano** -internal parasites,  
antiseptic/antibiotic

**Lavender** -calming, repels pests,  
antiseptic, odor control

**Fennel** -relaxing, laying stimulant

**Comfrey** -promotes healing

**Nasturtium** -antiseptic/antibiotic

**Marjoram** -egg laying stimulant  
reproductive health

**Parsley** -laying stimulant  
high in nutrients

**Mint** -laying stimulant, odor control  
repels flies, as a treat

**Basil** -immune support, repel pests  
mucus membrane health

**Thyme** -respiratory health, antiseptic

**Dill** -respiratory health, antioxidant

**Cilantro** -antifungal, antioxidant

**Lemon Grass** -fly repellent (add vanilla!)

**Chamomile** -calming, general health

**Lemon Balm**-repels rodents, antibacterial

**Bee Balm** -aids digestion, respiratory health

## Other Beneficial Herbs

**Yarrow**

**Chives**

**Echinacea**

**Lemon Verbena**

**Feverfew**

**Rosemary**

**Calendula**

## Wild Herbs and Other Plants

**Wild Violet** - aids circulation

**Garlic** - control of internal parasites

**Dandelion** - immune support and rich  
colored egg yolk, high in calcium

**Nettle Leaves** -dried - high in minerals,  
calcium, protein

**Plantain**- wound care, inflammation  
anti-diarrhea

**Chick Weed** - natural pain reliever,  
good source of nutrition, high in  
vitamins and minerals

**Pumpkins** - seeds and fruit thought  
contain natural worming properties

# Helping Chicken Issues with Herbs



## No Eggs or Egg Issues

Marjoram  
Mint  
Lavender  
Fennel  
Parsley  
Borage

Thyme  
Dill

## Respiratory

Basil  
Bee Balm

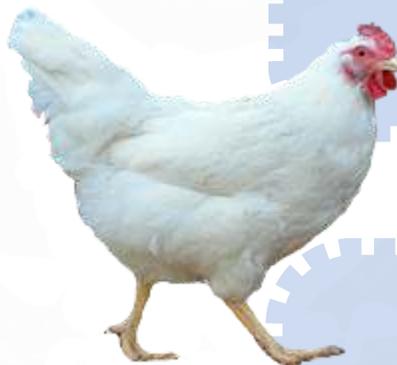


Oregano  
Sage  
**Internal Parasites**

Garlic  
Pumpkin and  
seeds

## Injuries/Illness

Comfrey  
Oregano  
Cilantro  
Bee Balm  
Nasturtium  
Calendula



Mint  
Lavender  
Thyme  
**External pests**

Basil  
Catnip  
Marigold

## Molting

Dill  
Fennel  
Parsley  
Mint  
Rosemary



## Herbs and Chickens

Adding herb gardening to your chicken care routines will result in healthier, happier chickens. Using herbal care along with conventional veterinary medicine results in strong immune systems, healthy digestive tracts, and a long egg laying life for your hens. Herbs boost immunity, increase resistance to pathogens, and improve overall health and appearance.

Herbs are generally easy to grow, harvest and store. With even a small garden or container, you can grow herbs to use in your kitchen and have on hand for health problems in the flock.

### **Where to Use Herbs**

Nesting Boxes  
Make Healing Balms  
Use in Dust Bath Area  
Add to Feed  
Give as a Treat  
Coop Cleaner Spray

### **USE FOR STRESS!**

Chickens are very sensitive to stressful situations. Attacks by predators, high heat, lack of nutrients, illness, new flock members can all cause stress and lead to illness. Herbs help combat stress and boost immune systems.





# Timber Creek Farm

## Coop Cleaning Spray

### **What you need**

8 or 16 ounce jar with lid  
a few handfuls of herbs  
your choice from  
Mint  
Lavender  
Thyme  
Marjoram  
vanilla beans  
Cinnamon stick  
Add Citrus peels from  
from two oranges, lemons,  
limes, or grapefruit  
16 ounce spray bottle  
Strainer

### **What to do**

**Add the herbs, vanilla bean  
citrus peel and cinnamon  
stick to the jar**

**Completely cover with  
white vinegar or  
inexpensive vodka**

**Apply lid**

**Shake contents**

**Put in a cupboard for  
2 or 3 weeks  
shake occasionally**

**Strain the solids out**

**Use the liquid in the spray  
bottle**