Can herbs keep chickens healthy? Does herb use increase the immune response in the flock? The answer to both questions appears to be, yes! Chickens love herbs, so dosing them with these natural compounds is an easy task.

My Top Herb Choices For Chicken Care

If I could only grow a few herbs I would choose Mint, Oregano, Basil, Thyme, Lavender and Sage. As far as chicken keeping and animal care needs, Sage and Oregano are great for intestinal health and to ward off infections from Salmonella and Coccidiosis. (cocci) Lavender is an all around great herb for infections, relaxation, odor control, and repels pests. Mint also repels insects and rodents, is a stimulant for egg
laying, and the chickens love it. Thyme and Basil are also aromatic herbs so they also repel pests. Thyme and Basil are good for mucus membranes and Thyme is great for keeping the respiratory tract healthy or aid in recovery from a respiratory illness. Knowing that herbs keep chickens healthy is empowering. When I notice a potential health problem, I can immediately start supportive treatment by visiting my herb garden. All in all, most herbs are beneficial and growing them to add to the nest boxes or daily feed is a great idea. Of course humans benefit greatly from herbs too.

I recommend the top six I mentioned because they are great culinary herbs too. Chickens love to eat herbs but we can still use them in our cooking and health care too. In the event of illness, making a tea and adding dried thyme to it, can help loosen a cough and make breathing easier. Thyme is great for respiratory health. I grow quite an assortment of all herbs and dry them in the dehydrator. If I am going to make a lotion or salve, I make an herbal infusion in olive oil. Continue reading to find out how to make an easy herbal oil infusion.
Herb Gardens For Chickens

<table>
<thead>
<tr>
<th>Herb</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sage</td>
<td>-internal parasites, general health</td>
</tr>
<tr>
<td>Oregano</td>
<td>-internal parasites, antiseptic/antibiotic</td>
</tr>
<tr>
<td>Lavender</td>
<td>-calming, repels pests, antiseptic, odor control</td>
</tr>
<tr>
<td>Fennel</td>
<td>-relaxing, laying stimulant</td>
</tr>
<tr>
<td>Comfrey</td>
<td>-promotes healing</td>
</tr>
<tr>
<td>Nasturtium</td>
<td>-antiseptic/antibiotic</td>
</tr>
<tr>
<td>Marjoram</td>
<td>-egg laying stimulant, reproductive health</td>
</tr>
<tr>
<td>Parsley</td>
<td>-laying stimulant, high in nutrients</td>
</tr>
<tr>
<td>Mint</td>
<td>-laying stimulant, odor control, repels flies, as a treat</td>
</tr>
<tr>
<td>Basil</td>
<td>-immune support, repel pests, mucus membrane health</td>
</tr>
<tr>
<td>Thyme</td>
<td>-respiratory health, antiseptic</td>
</tr>
<tr>
<td>Dill</td>
<td>-respiratory health, antioxidant</td>
</tr>
<tr>
<td>Cilantro</td>
<td>-antifungal, antioxidant</td>
</tr>
<tr>
<td>LemonGrass</td>
<td>-fly repellent (add vanilla)</td>
</tr>
<tr>
<td>Chamomile</td>
<td>-calming, general health</td>
</tr>
<tr>
<td>Lemon Balm</td>
<td>-repels rodents, antibacterial</td>
</tr>
<tr>
<td>Bee Balm</td>
<td>-aids digestion, respiratory health</td>
</tr>
</tbody>
</table>

Other Beneficial Herbs

- Yarrow
- Chives
- Echinacea
- Lemon Verbena
- Feverfew
- Rosemary
- Calendula

Wild Herbs and Other Plants

- **Wild Violet** - aids circulation
- **Garlic** - control of internal parasites
- **Dandelion** - immune support and rich colored egg yolk, high in calcium
- **Nettle Leaves** - dried - high in minerals, calcium, protein
- **Plantain** - wound care, inflammation, anti-diarrhea
- **Chick Weed** - natural pain reliever, good source of nutrition, high in vitamins and minerals
- **Pumpkins** - seeds and fruit thought contain natural worming properties

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Adding Herbal Care Into Everyday
Life

Most of the ways I use herbs takes only a few minutes a day. Snipping an assortment of herbs from the kitchen garden, and putting them in a basket to take to the coop is an easy task. I can even perform this job with a coffee cup in one hand! When I need an infusion of one or more of the herbs, I start gathering the herbs by snipping some each day. Storing the clippings in a zip lock bag in the refrigerator allows me to collect some herbs over a few days. When I have enough to make the infusion, I can easily grab the bag, put the herbs in a 16 ounce jar and cover with olive oil or sweet almond oil. If you want to break up the herb leaves a bit, slightly crush the herbs in your hand. But the herbs will infuse the oil, either way.

Two years ago, I was only growing mint and basil. I had little idea of all the creative and healthy ways to use herbs. Cooking and baking our food with fresh herbs is one reward from growing herb gardens. The other rewards are seeing how healthy and strong my flock of chickens is, since I began incorporating herbs in their regular treats and diet. I have no trouble stating that herbs keep chickens healthy.

Knowing What Herbs Keep Chickens Healthy is Simple

Learning how herbs keep chickens healthy is pretty simple. Knowing what type of problems cause chicken illness helps you remedy the situation. For example, if you know that weak egg shells can be a result of calcium deficiency or a reproductive tract issue, seeing that Marjoram, Parsley, Mint and Dandelions are high in the properties that improve reproductive health helps you know which herbs to use. Of course, make sure to only use wild plants and beneficial weeds from areas that have not been treated with herbicides or weed
Here’s a chart that lists common chicken ailments or problems and the herbs that may help.

### Helping Chicken Issues with Herbs

#### No Eggs or Egg Issues
- Marjoram
- Mint
- Lavender
- Fennel
- Parsley
- Borage

#### Respiratory
- Thyme
- Dill
- Basil
- Bee Balm

#### Injuries/Illness
- Oregano
- Sage
- Comfrey
- Oregano
- Cilantro
- Bee Balm
- Nasturtium
- Calendula

#### Internal Parasites
- Garlic
- Pumpkin and seeds

#### External pests
- Mint
- Lavender
- Thyne
- Basil
- Catnip
- Marigold

#### Molting
- Dill
- Fennel
- Parsley
- Mint
- Rosemary

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Herbs Keep Chickens Healthy Print out Information

The four page graphic PDF is one way to organize the herbal information. You are invited to print out the PDF, for your own personal use.

To download and begin referring to How to Keep Chickens Healthy,
Herbs and Chickens

Adding herb gardening to your chicken care routines will result in healthier, happier chickens. Using herbal care along with conventional veterinary medicine results in strong immune systems, healthy digestive tracts, and a long egg laying life for your hens. Herbs boost immunity, increase resistance to pathogens, and improve overall health and appearance.

Herbs are generally easy to grow, harvest and store. With even a small garden or container, you can grow herbs to use in your kitchen and have on hand for health problems in the flock.

**Where to Use Herbs**

- Nesting Boxes
- Make Healing Balms
- Use in Dust Bath Area
- Add to Feed
- Give as a Treat
- Coop Cleaner Spray

**USE FOR STRESS!**

Chickens are very sensitive to stressful situations. Attacks by predators, high heat, lack of nutrients, illness, new flock members can all cause stress and lead to illness. Herbs help combat stress and boost immune systems.

Click here.>>>>> to download a printable copy of this series of Herbal Info for Chickens
WHICH HERBS TO USE TO KEEP YOUR CHICKENS HEALTHY
The Herbal Starter Kit

25 Recipes, 22 Herbs, Monographs and More!

GET YOURS TODAY!